

# REDBOOK

**45 hot  
& sweet  
things to  
try with  
your guy**

The **5** outfits  
that look  
sexy on  
everyone

**“Nice hair!”**  
Get healthy  
and shiny  
without  
the hassle

Bedbug Nation  
*Ewww!* How to  
keep them out of  
your house

**Giada**  
on men,  
trust, and  
tabloid lies

**16**  
tips for  
more  
energy  
(and  
fewer  
colds)

**39** perfect  
style finds  
under **\$20**

Rule #1:  
Always  
love what  
you wear.  
(Yes, *always*.)



Dazzling in her signature cardi-and-dress combo.



Tracy Reese thinks an outfit sets the tone for your day. Follow her advice and get in a great style mood!

If you look good, you'll feel good/smart/ready to conquer. That mantra inspires designer Tracy Reese when she's creating her beloved retro-meets-modern dresses—and when she's figuring out what to throw on every morning. The best news: Style confidence doesn't require big bucks—or 50 try-ons. Just...

■ **Dress to inspire yourself.** "Figuring out what to wear is much easier if you first think about what effect you want to create. When I have a day of sketching scheduled, I get creative with bold colors and prints. If I have meetings, a white top and black skirt help me get down to business."

■ **Add specialness.** "A statement necklace glams up any outfit without feeling like too much. [For proof, check out the cool vintage one she's wearing at right!] Or maybe wear a comfortable jersey dress on weekends instead of jeans."

■ **Keep your feet happy.** "I'm on mine all day, so flats are my go-to shoe. I love ones from Miu Miu because they're usually embellished and funky. Plus, they last forever."

◀ She's lugging... a notebook she tucks money in ("Finding it later is a happy surprise"), reading glasses, a gaggle of lipstick and gloss, Colgate Wisp toothbrushes and 5 Gum, her iPod Shuffle, and shoe-stretch liquid ("I'm always whipping it out for friends who are breaking in shoes"). Glasses, Corinne McCormack, \$58; eye-bar.com. Maybelline New York Color Sensational Lip Gloss, \$6.49, and Shine Sensational Lip Gloss, \$5.99. Yves Saint Laurent Rouge Pur Couture Pure Color Lipstick SPF 15, \$30; yslbeautyus.com. Bobbi Brown Lip Color, \$22; bobbirowncosmetics.com.

## BAG X-RAY

She could easily restock a Walgreens with what's in here.



Tracy's "quirky-classic" style hinges on girly details: Cardigan, J.Crew, \$70; jcrew.com. Dress, Tracy Reese, \$398; Olive & Bette's, NYC, 212-712-0473. Flats, Klub Nico, \$129; shopklubnico.com. Necklace, her own; check flea markets and vintage stores for one you love.



Tracy's little-bit-funky Caline hobo (above), and a cheaper but just-as-cute double (left): Pietro Alessandro, \$289; pietroalessandro.com.